

Controlling successfully Covid-19 & Herpes Zoster with Ayurvedic Medicines

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Keywords

- Ayurveda(Traditional Medicine of India); Laxmivilas,Sutasekhar,Dhatri louha,Swasari louha, Swas-kas-chintamani etc-Generic Ayurvedic Medicines; Hepatitis-C; Covid-19; Herpes Zoster.

Introduction

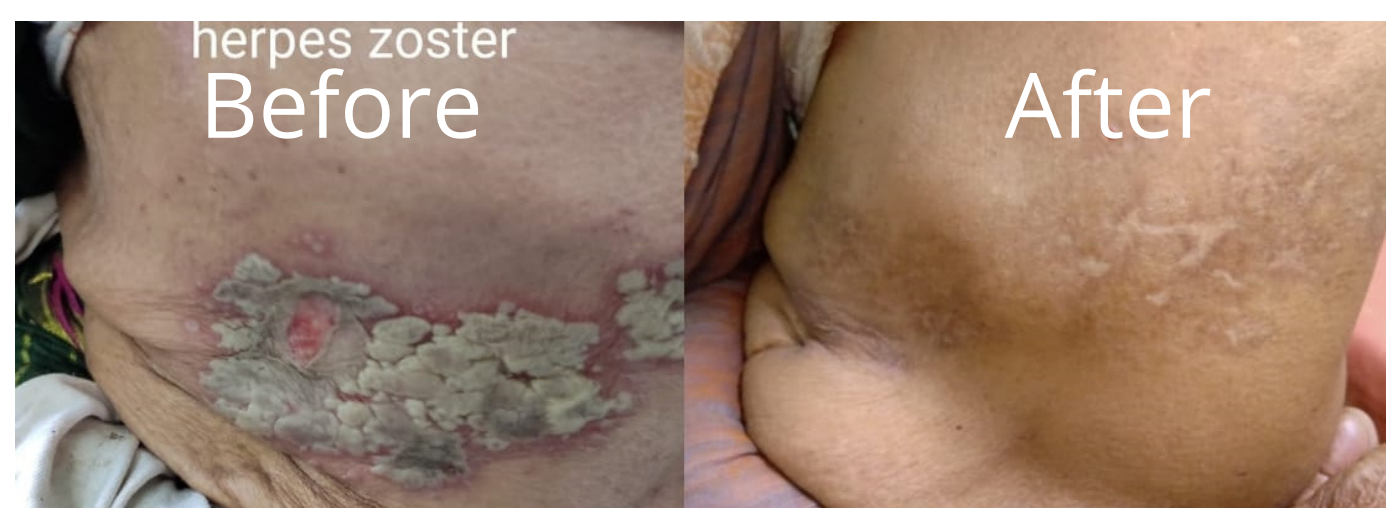
- Ayurvedic practitioners all over India are successfully treating viral diseases with clinical & laboratory evidences. Though Herpes, Hepatitis B are double stranded DNA virus but Hepatitis C and COVID-19 are both single stranded RNA virus. As we can minimise the viral load of Hepatitis C by Ayurvedic medicines,so viral load of COVID-19 may also be minimised by the same.

Methodology

- 24 cases of Herpes Zoster, diagnosed clinically, have been collected from Outdoor Dept of our Institute & 8 cases of Covid-19, have been collected from private clinics, diagnosed by RTPCR test. Herpes Zoster cases have been treated with generic Ayurvedic Medicines, Laxmivilas, Vatagajankush, Dhatri louha & application of honey for 5-10 days & Covid-19 patient have been treated withaa Swas-kas-chintamani, Mahalaxmivilas, Swasari louha, Dasamularista for 14 days & more.

Results and discussions

- All patients of Herpes Zoster felt subsiding pain, burning sensation & further aggravation & lessions have been dried up within 10 days. Among Covid-19 patients 2 patients discontinued the treatment regime & left for Allopathic Medicine where as 6 patients continued ayurvedic medicines & features like violent dry cough,loss of smell sensation, fever, low oxygen saturation, severe weakness etc subsided earlier in comparison to Covid-19 positive relatives of those patients, taking Allopathic medicines. All 6 patients are RTPCR negetive after 14 days & rehabilitated to normal life earlier.
- Ayurvedic Medicines is remarkably effective & cost effective (1/50th expenditure in comparition to Allopathic Medicines) against viral infections in Immuno-compromised patients with little/no complications.



Conclusions

- Believe in the potency of Ayurveda & explore it to achieve Planetary Health or One Health approaches into health care systems cost effectively at the earliest.