

The influence of the environment on teleworking practices during the COVID 19 health crisis



AUTORS

Satya LANCEL

PhD Student in Cognitive Psychology Laboratory Epsilon
"Dynamics of Human Abilities & Health Behaviors",
www.lab-epsilon.fr, EA 4556, University Montpellier III, France.

Draushika MOORUTH

Ph.D Cognitive Psychology Laboratory Epsilon
"Dynamics of Human Abilities & Health Behaviors"
www.lab-epsilon.fr, EA 4556, University Montpellier III, France

PARTNERS

 COOPERATIVE U ENSEIGNE

 LABORATOIRE EPSILON UNIVERSITE MONTPELLIER III FRANCE

Introduction

The present study examines the relationship between working conditions and the quality of life of employees during constrained teleworking due to the COVID-19 health crisis.

Aim

To explore the impacts of teleworking on occupational health.

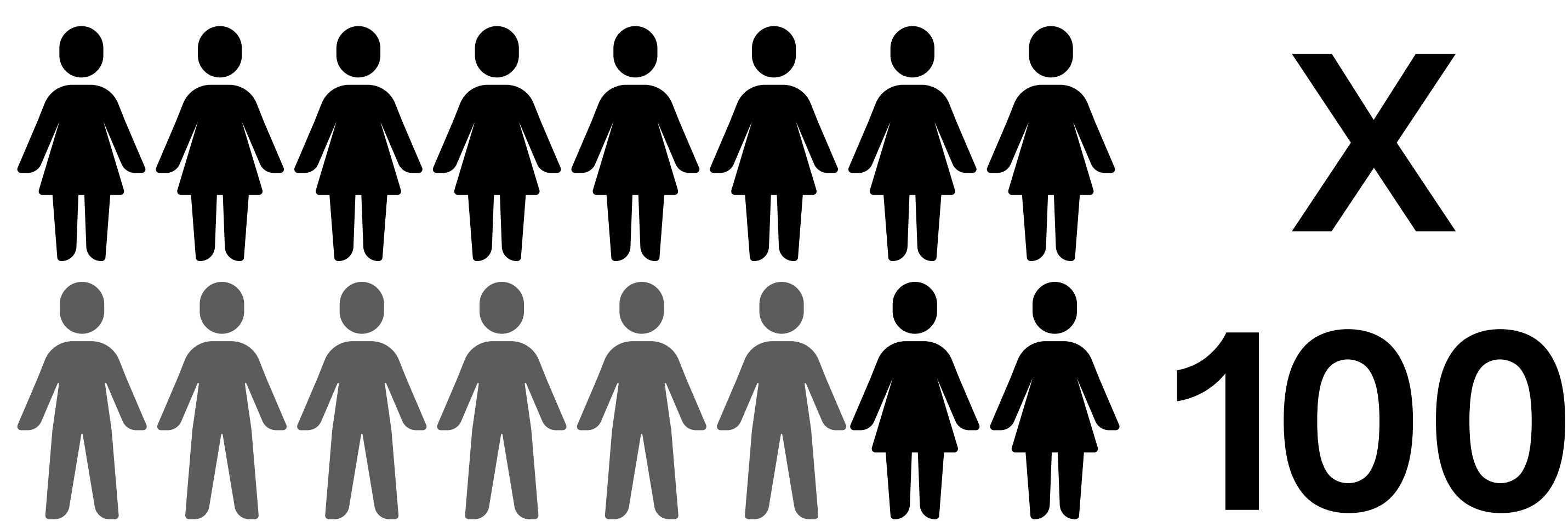
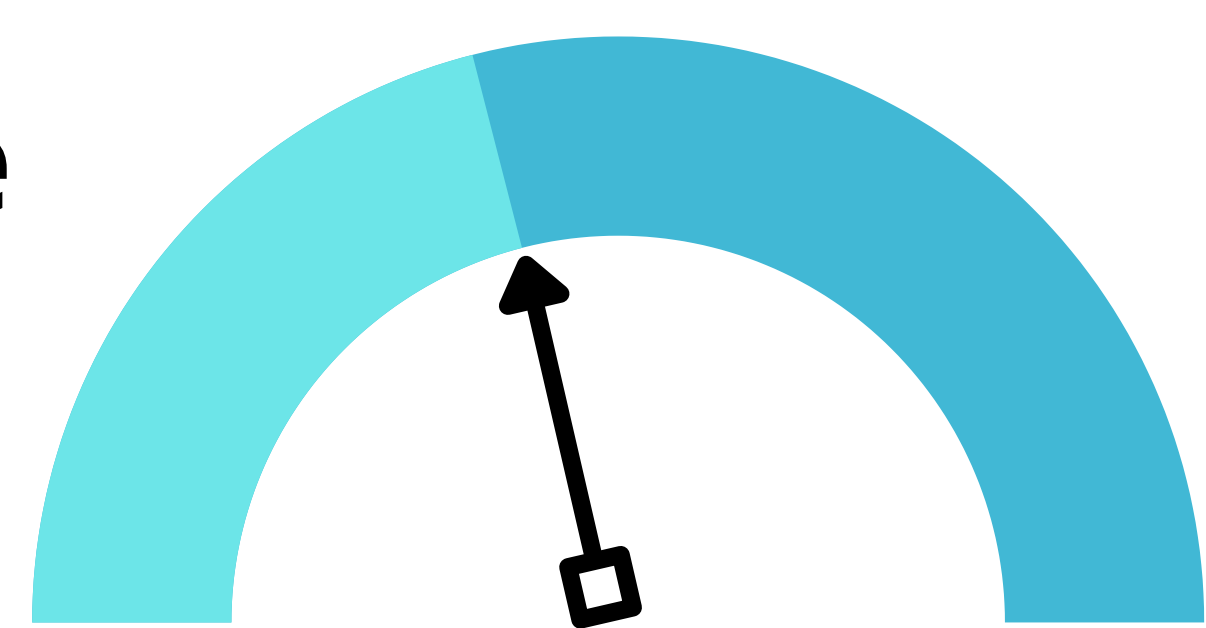
Method

A large scale survey through questionnaire was conducted among 1611 employees of a private sector firm.

Results

Workers' capacities of constrained teleworking were positively associated with the possibilities offered by their environment, thus, resulting in a more positive psychological well-being.

Do you have a separate room for teleworking?



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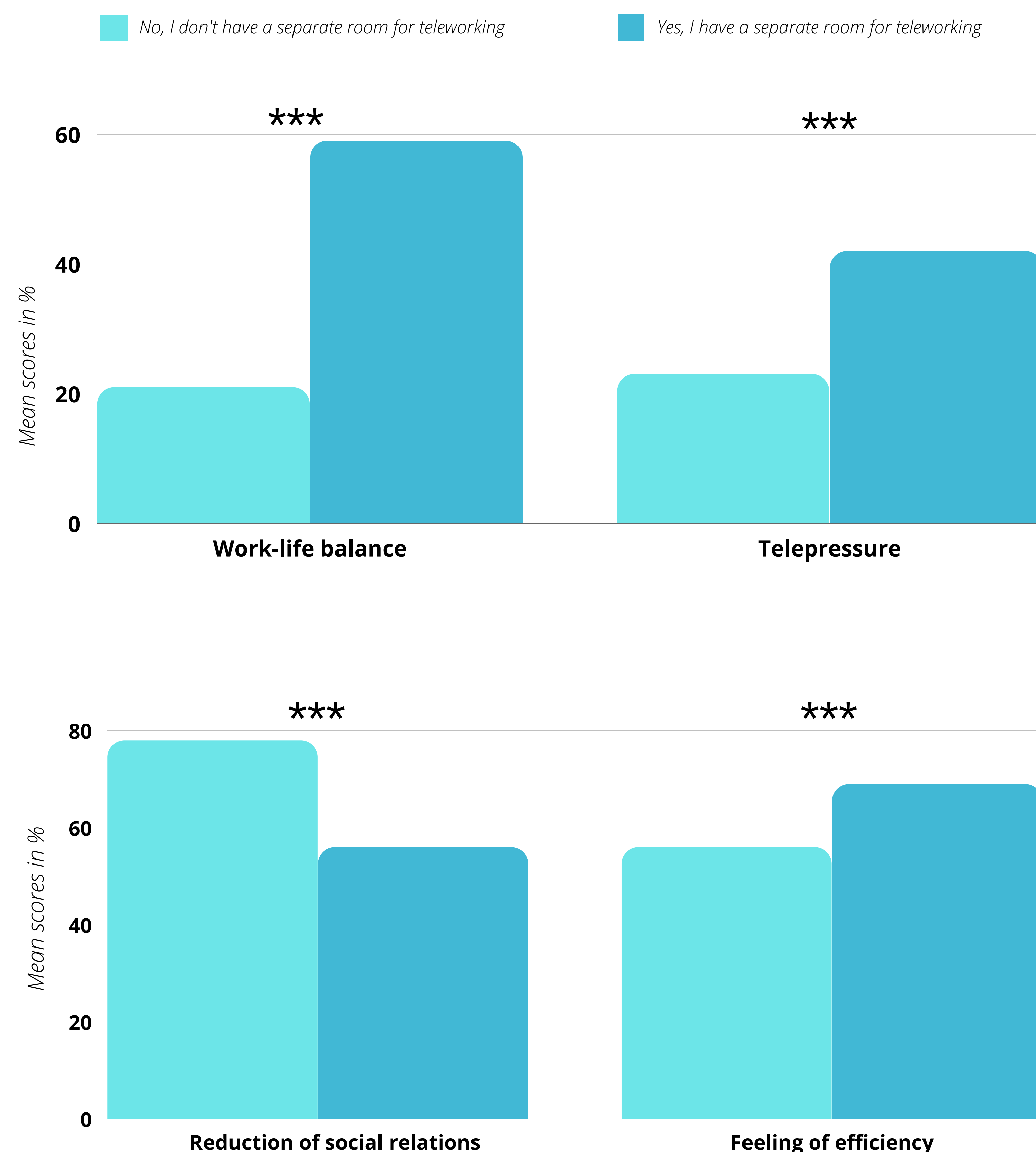
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Teleworkers' Response Rates to Occupational Health Indices by Spatial Distribution of Housing during the Health Crisis (%)

Conclusion

Teleworking environment has an effect on occupational health, suggesting that workspace design for teleworkers should be considered not only, for future confinements but also the telework of tomorrow.

